

Texas Muay Thai & Boxing Academy

Adult Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM Muay Thai	6:00 AM Muay Thai	6:00 AM Muay Thai	6:00 AM Muay Thai	6:00 AM Muay Thai		Closed
						Closed
11:30-12:30 Boxing		11:30-12:30 Boxing		11:30-12:30 Boxing		Closed
					10:30am Muay Thai All Levels	
					11:30am Boxing All Levels	Closed
7:00pm Boxing Fundamental	7:00pm Muay Thai Fundamental	7:00pm Boxing Fundamental	7:00pm Muay Thai Fundamental	7:00-8:30 pm Boxing & Muay Thai Sparring		Closed
7:00pm Muay Thai Advanced	7:00pm Boxing Advanced	7:00pm Muay Thai Advanced	7:00pm Boxing Advanced			Closed
8:00pm Muay Thai Fundamental	8:00pm Boxing Fundamental	8:00pm Muay Thai Fundamental	8:00pm Boxing Fundamental		ALL levels	Closed
8:00pm MMA	8:00pm Muay Thai Advanced	8:00pm Boxing Advanced	8:00pm MMA	8:00pm Boxing Advanced		Closed

Kids Schedule

5:00-6:00 pm Kids MMA 9-13 years	5:15-6:00 pm Kids Muay Thai 6-9 Years	5:00-6:00 pm Kids MMA 9-13 years	5:15-6:00 pm Kids Muay Thai 6-9 Years	5:00-6:00 pm Kids MMA 9-13 years		
6:00-7:00 pm Kids Boxing 6-13 Years	6:00-7:00 pm Kids Muay Thai 10-13 Years	6:00-7:00 pm Kids Boxing 6-13 Years	6:00-7:00 pm Kids Muay Thai 10-13 Years	6:00-7:00 pm Kids Boxing 6-13 Years	9:30-10:30 AM Kids Muay Thai (ALL AGES)	Closed

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